

Session 1: Cleansing the Womb

Focus: Was the womb a safe place for me?

1.1 Sharing Time

As this course is all about the nine months we spent in our mother's womb, we will use this as the focus for introducing ourselves. Invite each participant to share 3 things that they know about their own birth or their time spent in utero. Leaders are encouraged to start with their own stories. As each person shares, there is no need to respond nor add to the dialogue other than acknowledging what was said with a nod of the head. We are just giving the heart an opportunity to be heard in a safe environment.



1.2 Introduction to Womb Time Ministry

Womb Time ministry is ministry that goes back to the time when we ourselves were in our mother's womb. Foundations were laid during those 9 months that we continue, even now, to live out of. God blessed us with many blessings during our time in utero, whilst the enemy laid the thumbprints of his curses. In Womb Time ministry we want to thank God for His blessings and many provisions and then invite Jesus to come and meet with us about anything else He might want to reveal about our in utero experience.

All this is made possible through Jesus Christ and by the power of His Holy Spirit.

- Jesus transcends time. (Hebrews 13:8, John 8:57-58, John 1:1-2, Revelations 1:8)
- The Holy Spirit provides the power for what cannot be done naturally. (Ephesians 1:17-21)

It is really important to keep our eyes on our own womb time experiences throughout this course. There are many potential issues that may arise from our present life circumstances, but this course is ministering into the 9 months we spent in utero and this is where we want to keep the focus. It is not a time to be looking at our own pregnancies or lack of them.

Testimony:

I had never heard of Womb Time ministry before and I certainly had no faith that I would actually hear anything myself as I sat in my Small Group. I thought it all was crazy. The Leader asked us to close our eyes and invited the Holy Spirit to reveal to us what we were saying over ourselves in utero. "What a load of rubbish!" I thought. But no sooner had the Leader finished praying when I heard the words: "I have to get out of here!" ring loudly in my head. - Lizzie

1.3 Death in the Womb

Death may enter the womb through previous miscarriages, stillbirths and abortions. Some deaths are unintentional whilst others more intentional. We need to be seeking Jesus on any connection between what is going on in the spiritual realm and the natural realm. Perhaps there are generational curses coming down the line that give legal ground for miscarriages and stillbirths. Or perhaps parent(s) have actively sought the death of their unborn child through abortion. All these issues need to be brought before Jesus for His words of truth and healing.

Testimony:

Jesus showed me a spiritual picture of what it had been like for me in my mother's womb. The womb had a stench of death about it. It was cold, dark, wet and smelt of death. There were worms crawling in and out of the flesh of the uterus. It was a terrible place for me to grow and develop in as an unborn baby. But Jesus came and met me in that place. Afterwards I remembered that my mother had told me that she had miscarried before I was born. - Lizzie

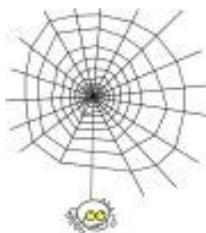
1.4 Cleansing the Womb

God is always there from the very beginning. At conception He blessed the joining of the egg and the sperm that became us and then knitted us into a fully formed child in the womb. (Isaiah 44:2, Isaiah 44:24, Jeremiah 1:5, Job 31:15, Psalm 139:13)

However God is not the only presence in the womb. As a result of the Fall Satan was given authority over the earth. He too has plans for every new pregnancy and developing child. He sends out his workers to be present within the uterus, so that demonic networks are set up in anticipation of the next pregnancy. John 10:10 says that *"The thief comes only to steal and kill and destroy ..."* Whilst in utero the child is unable to protect him/herself in any way and is totally dependent upon his/her mother for protection, nourishment and love. This time, at the core of the development of the child, is when foundations in the spiritual and natural realms are laid. This season spent in utero provides a great opportunity for the darkness to sow its seeds of brokenness - at the most vulnerable point in our lives. These seeds are just like thumbprints – almost invisible but there nonetheless.



Demonic networks are like spider webs, woven in the womb in preparation for the next unborn baby. They could be webs of rejection, webs of self hatred, webs of fear, webs of hopelessness and so forth. The spider sits in the corner after it has spun its web, watching and waiting to catch its prey. But let us always remember that God is also present and at work with all that He has in store for the unborn child. (Jeremiah 29:11)



Testimony:

I discovered through prayer ministry that I carried self-hatred. What was even more surprising was that the origins to that web of self-hatred that I was now entangled in lay in utero, in the sixth month to be exact. It was at that time that the darkness had begun to weave its web of self-hatred around me. It whispered words into my ears. It brought me experiences that confirmed these words. It told me that my mother didn't love me. The self-hatred had taken root in the unborn child and nobody knew. - Lizzie

1.5 Blessing the Womb

Once the womb has been cleansed we want to bless it. Womb Time ministry is all about having more of Jesus within, of blessing God's good work (Genesis 1:28+31), and cutting off the enemy's plans for us (John 10:10).

- Bless the womb as a safe place.
- Bless the atmosphere of the womb.
- Bless the fertility of the womb.
- Bless the reproductive organs within mother.
- Bless the womb with more of God.
- Bless the womb with more life.
- Bless the womb with ...

1.6 Demonstration Ministry

This is the time when we can demonstrate what we have covered in the teaching. You never know where this ministry might go, so it is a time for stepping out in faith and learning to trust Jesus more.

It is important for the Leader to keep the participant safe at all times by:

- Always allowing Jesus to lead.
- Always offering the participant a choice in whether to proceed or not.
- Always praying protection over the participant's heart before you start.
- Praying prayers of comfort over the heart when fear rises up.
- Looking for where Jesus is again and again in each circumstance.
- Binding back the darkness.

The Leader extends an invitation for a participant to come forward, one who is willing to participate in a public ministry session. The Leader doesn't choose anyone, they just issue the invitation – God will do the prompting! When a volunteer comes forward, the Leader invites the participant to come and sit at the front so that everyone may observe what takes place. The Leader invites the participant to close their eyes and wait. Then the Leader invites Jesus to come and meet with them, by the power of the Holy Spirit, all those years ago when the participant was in utero. The Leader may pray, "Jesus, could You please show (participant's name) what the atmosphere of the womb was like for him/her?" Give time for the participant to 'look' at what Jesus is showing them. Or the Leader may pray, "Lord Jesus would

You like to meet with (participant's name) and show or tell him/her anything?" Allow time for the participant to look again. As with all prayer ministry, just continue to follow any prompts that Jesus gives. As the ministry goes along, the participant describes out aloud to the Leader what is happening. The Leader follows these prompts and just keeps on inviting Jesus in. Allow 10 minutes for this exercise, but do not allow it to go too deep. It is just a demonstration. The Leader could finish with, "Lord Jesus, how would You like to bless the atmosphere of the womb for (participant's name)?" Pray in the blessing and more of the peace of Jesus.

1.7 Small Groups

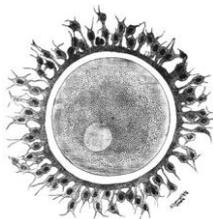
It is now time to break up into your small groups for prayer ministry. You may want to seek prayer about one of the following:

- Invite Jesus to show you what the atmosphere of the womb was like for you.
- Invite Jesus to show you where He was while you were in utero.
- Invite Jesus to reveal anything He might like to show you about your time in utero. If He shows you something, follow His lead. If not, then leave it there.
- Invite Jesus to come and cleanse the womb.
- Invite Jesus to remove all unwanted 'spiders'.
- Invite Jesus to set up the womb as He would see fit.
- Bless the womb.
- Give thanks for all that Jesus has done in the womb for you before the sperm and egg unite and you begin your journey of development.



Remember, each person is a unique human being. Jesus will come in a way that uniquely suits that person and in a way that they can best receive. Each encounter with Jesus will not necessarily be the same as the one before.

Testimony:



During the session I noticed that I was only receiving revelation about my mother's egg and nothing about the sperm. So in Small Group we asked Jesus what was going on. I asked Jesus the question, "Why do I only see things about my mother's egg and nothing about my father's sperm?" Jesus replied, "That is because I only want you to concentrate on the egg for now." I have peace with Jesus' response and know that revelation about my father's sperm will come in Jesus' good and right time. - Evangeline

1.8 Prayers

Regarding previous miscarriage or stillbirth in the womb (Leader)

Dear Lord, thank You for the life of the baby that was previously in the womb. Lord I invite You to come and clean out anything that may have remained of that unborn child in the spiritual realm. I ask that You would take this to Yourself and that there

would not be any residue of that unborn child in the womb or in/on any other child born since. If participant wishes to pray the next section:- Please show me that the baby is safe with You. Please bless baby as baby lives in eternal glory with You until we meet again. In Jesus' name. Amen.

After an abortion (Participant)

Dear Lord, I come before You on behalf of my parents and confess the sin of abortion I confess it before You as murder and I repent and ask You to forgive my parents for this sin. I thank You that in You there is no condemnation and that all are forgiven. In Jesus' name. Amen.

Cleansing of the womb (Leader)

Dear Lord, thank You that You bring healing to the womb. Please come to mother's womb now and bring Your cleansing and healing. Please come Lord and remove all death from the womb. Please remove all remnants of anything that is not of You. In Jesus' name. Amen.

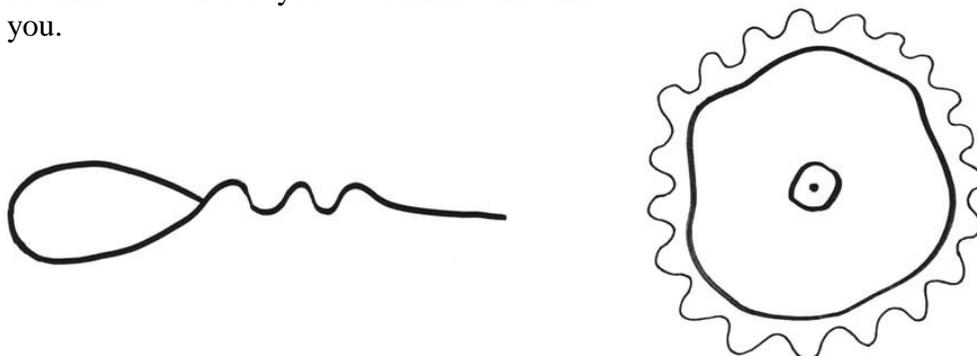
Blessing the womb (Leader)

Dear Lord, we pray blessing into mother's womb. We ask You to bless the womb as a safe place. We bless the atmosphere that has been created by You. We bless mother's fertility and pray blessing on her reproductive organs. Thank You for life. We bless the womb with more of You, Father. Thank You that because of You we can chose life and live a life abundant with Your blessings. Thank You for Your abundant grace and mercy. In Jesus' name. Amen.

1.9 Journal

Spend some quiet time with the Lord and allow Him to show you the atmosphere of the womb that you were implanted in. Draw a picture of this if you like.

Cut out and paste this picture of the sperm and the egg into your journal, or draw your own if you like. Place each one in the middle of the page. Invite the Holy Spirit to come and begin to give you revelations about what travelled in on the sperm and the egg God chose to create you. Journal what He shows you.

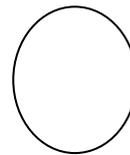


1.10 Personal Genogram

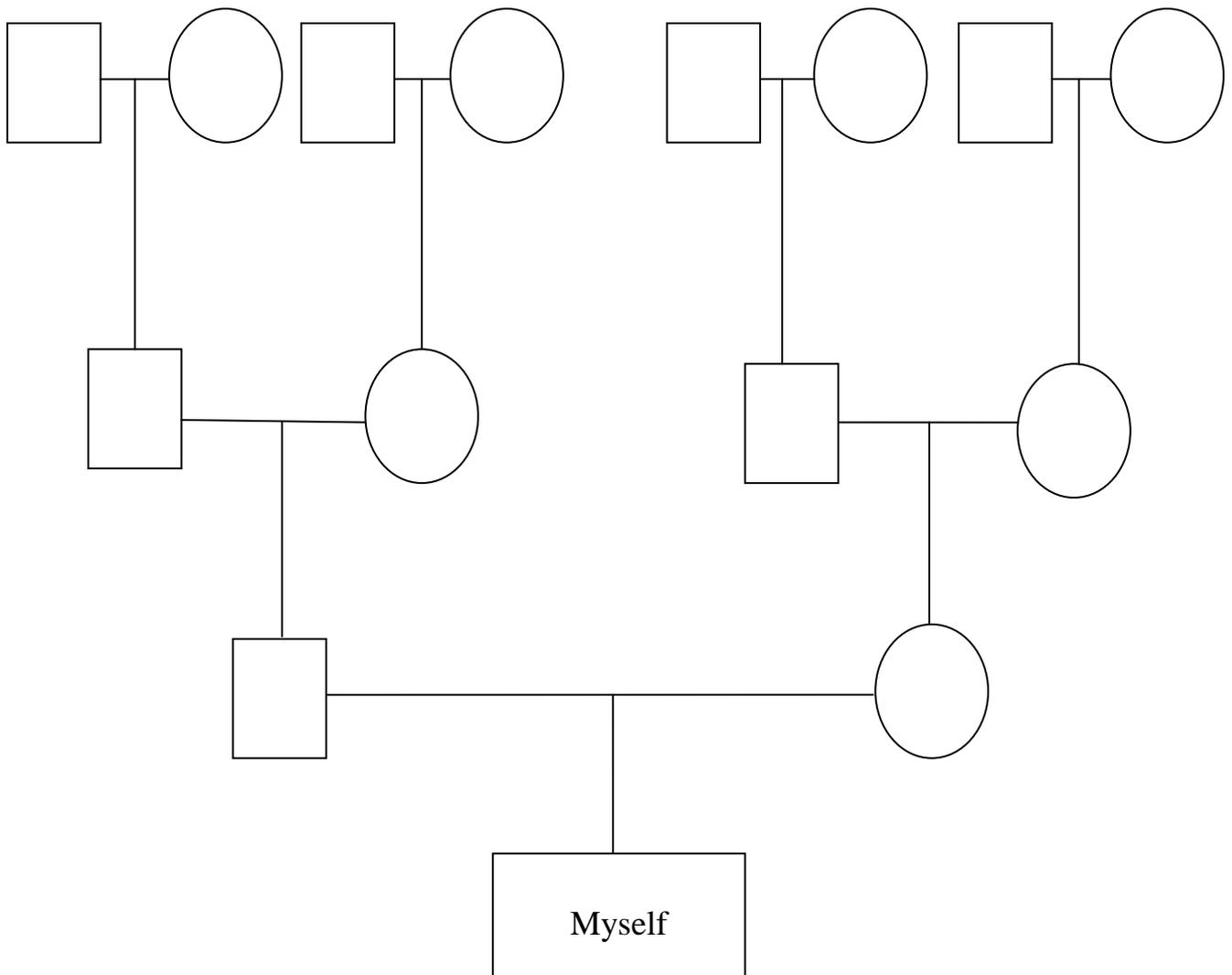
This is a simple genogram to help you see some of the major themes in your life. Fill in the details below for your parents, grandparents and great grandparents on both sides of your family. You may add in others if you like (aunts, uncles, children). Then turn to the next page and take a look at some of the traits that can pass down the generational line. Note down anything on this genogram that you observe passing down your family tree. Please complete for Session 2.



Males



Females



1.11 What Travels Down Your Family Tree?

Death

Premature death
 Miscarriage
 Stillbirth
 Abortion
 Suicide
 Murder

Illness

Cancer
 Heart Disease
 Lung Disease
 Bone Disease
 Blood Disease
 Diabetes
 Neural Disease
 Mental Disease
 Migraines

Addictions

Alcohol
 Drugs
 Caffeine
 Nicotine
 Sex
 Food
 Anorexia
 Bulimia
 Gambling
 Shopping

Sexual Sins

Pornography
 Masturbation
 Lust
 Misogyny (hatred of women)
 Misandry (hatred of men)
 Homosexuality
 Promiscuity
 Adultery
 Incest
 Abuse
 Rape

Religious

Cults
 Religious spirit
 Religious control
 Legalism
 Ancestral worship
 Animal worship

Occult

Witchcraft
 Control
 Deception
 Horoscopes
 Tarot readings
 Fortune telling
 Physic healing
 Freemasonry
 Ritual Abuse
 Chinese medicine

Effects of War

Death
 Murder
 Violence
 Hatred

Emotional

Fear
 Shame
 Envy
 Worry
 Anger/rage
 Self hatred
 Guilt
 Anxiety
 Mistrust
 Rejection
 Abandonment

Others

Poverty
 Passivity
 Perfectionist
 Competitive
 Co-dependency
 Greed
 Laziness
 Divorce
 Adoption

